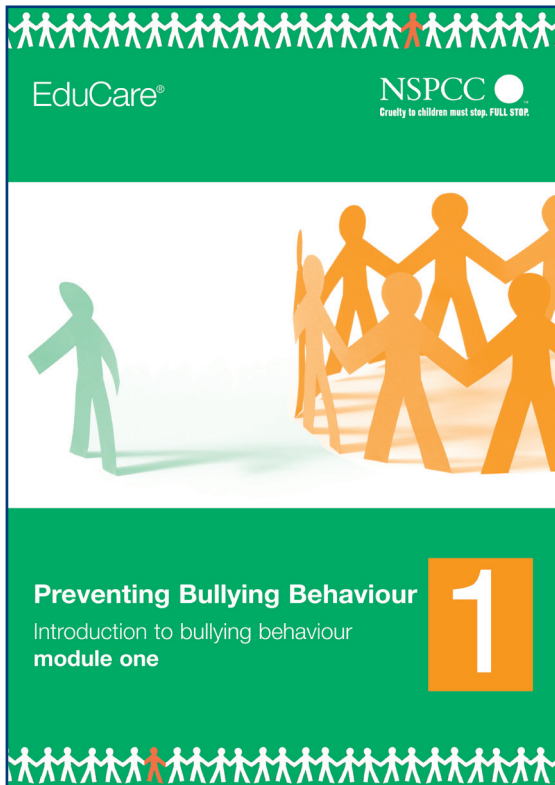


# Preventing Bullying Behaviour



## About the Programme

Written by the NSPCC with input from the Anti-Bullying Alliance, ChildLine, Stonewall and Save the Children, this programme is designed for anyone who comes into contact with children and young people through their work, voluntary or leisure activities. It covers what bullying is and why some children bully, the effects of bullying, your responsibilities and reporting your concerns and creating an anti-bullying policy and culture within your setting.

### Programme make-up

- Modular, bite-size format provides an easy way to learn the essentials.
- There are four concise learning modules, four accompanying questionnaires and full instructions throughout.
- A personalised NSPCC certificate on successful completion provides evidence of learning.
- There is confirmation of the correct answers to reinforce the participant's knowledge.
- Available in paper-based and online learning methods.

### Programme benefits

- Brings paid and volunteer staff quickly up-to-speed.
- People with different working arrangements and in different locations receive the same clear, consistent messages.
- The programme can be used as a pre-employment, induction or refresher tool.
- The reassurance of knowing that the content has been written and approved by the NSPCC and experts in other highly knowledgeable organisations.

## Programme Contents

### Module one – Introduction to Bullying Behaviour

This module explains what bullying is and what makes it different to other behaviour that can cause unhappiness and distress. It looks at environments where bullying can take place and explores why some children bully others and why some are the victims of bullying.

### Module two – Recognising Bullying Behaviour

This module examines the different forms of bullying (physical, verbal, non-verbal and cyberbullying). It looks at the effects of bullying on both the bully and the bullied and at what tends to be the focus of bullying behaviour.

### Module three – Your Personal Responsibilities

This module covers how to make children feel protected from bullying. It also looks at your responsibilities, as well as how to report and refer bullying behaviour and how to assess bullying incidents.

### Module four – Preventing Bullying Behaviour

This module looks at how to prevent bullying behaviour in your setting, including how to develop an anti-bullying policy. There is a section on appropriate responses to low, medium and high level bullying and how to work with parents and carers.

## Why Choose EduCare?

“Our practitioners have undertaken approximately 2000 courses and we have found them to be very high quality. Our relationship with EduCare has been very beneficial and we have found them to be professional, helpful and able to adapt well to our systems. I would willingly recommend them. They have successfully filled the gap for alternative methods of delivery.”

Tammie Redman, Milton Keynes Council, Early Years and Childcare Team

“The assimilation of knowledge is measured by the questionnaires that accompany each module and we like the fact that they are marked independently.”

Skill Force

As an organisation, we get a lot of after-care support from the EduCare team who are always there if you need them.

Connexions

“I like the fact that it's a quite rigorous training process. It's not something we just rubber-stamp; you actually have to put some work into the programme which means you learn something at the end of the day.”

Royal Society for the Protection of Birds

“A huge advantage of EduCare is the flexibility it offers. People can do them when and where they want; the night shift seems quite a popular time to study! Some managers of our residential homes use them as team-building exercises and work together as a group to complete the programme. We have had good feedback from our people. Even when they have been completed, the subjects are still discussed and the advice and information contained within them are put into practice. I would definitely recommend EduCare to other organisations.”

Liz Bennett, Accreditation & Assessment Senior Administrator, Mencap

“In short the EduCare methodology is cost effective, accessible, simple, measurable and most importantly, effective. The programme supports our organisation's health and safety culture and understanding. West Midlands Fire Service is committed to high standards of health and safety and would recommend the programme to other fire services to use within their service to support these standards.”

Mark Bishop, Safety, Health and Environment Adviser, West Midlands Fire Service

“People can do it at their own convenience. Everyone likes the certificate which evidences the learning and looks very professional. There are lots of them pinned up on our notice boards around the office. We have just had our independent Child Protection Audit to ensure we comply with all available legislation and best practice and the training was cited in the auditor's report.”

Rebecca Wilding, Training Administrator, Kent Probation

- Over 25 years experience in creating and delivering award-winning, distance learning programmes.
- Our simple and highly successful methodology has been experienced by over two million participants.
- We work with experts to create dynamic content and host it on our cutting edge online learning system.
- We provide support through our professional and experienced customer support staff, as well as dedicated account managers.
- EduCare programmes have been independently CPD certified.
- Our customer experience surveys consistently record satisfaction rates of 98% or above.
- We have held the BSI Quality Standard ISO9001:2008 and the Investors in People standard for over a decade.



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